



MEALS ON WHEELS DRIVER

The Meals on Wheels Driver will be delivering meals to frail seniors who are homebound in our communities throughout Sonoma County. The volunteer driver will use his/her own car for delivery of meals.

Volunteer Eligibility Requirements

1. The volunteer must be in good physical health with the ability to lift 25 pounds.
2. Volunteers are required to have a valid California driver's license with proof of automobile insurance.
3. Must work well with senior population and other Council on Aging / Meals on Wheels staff.
4. Volunteers must be willing to commit to 1 day per week for 2-3 hours for a period of at least six months. If they are back up drivers, they will need to be available at various times to drive when needed
5. Ability to follow verbal and written directions. Access to GPS in car or phone a plus.
6. Must go through a DOJ background check – no cost to you.

Duties and Responsibilities

1. Deliver meals in a timely and sanitary manner meeting all senior meal program requirements.
2. Provide feedback on participants' condition to site manager.
3. If unable to drive, the volunteer will provide a 24 hour notice to be given to the site manager.

For further information, call Leigh Galten Volunteer Coordinator for more information. 707-525-0143 x121 or lgalten@councilonaging.com