



Sonoma County Senior Support Groups and Programs

Providing Support, Resources, and Programs that Support Healthy Aging

City	Support Group / Program	Street Address	Phone	Website
Guerneville	Russian River Support Group	15010 Armstrong Woods Rd.	707-542-0282	westcountyservices.org/russian-river-senior-center
Petaluma	Caregiver Express	25 Howard Street	707-765-8488	petalumapeople.org
Santa Rosa	Support Group for Caregivers	2080 Guerneville Rd.	707-578-8360	primrosealz.com
Santa Rosa	Share and Care	987 Airway Court	707-542-0282	N/A
Santa Rosa	First Presbyterian	1550 Pacific Ave.	707-542-0282	N/A
Santa Rosa	Alzheimer's Support Groups	1450 Neotomas Ave., #140	707-573-1210	alz.org/norcal/about_us/contact_us
Santa Rosa	National Alliance on Mental Illness (NAMI)	182 Farmers Lane, #202	866-960-6264	namisonomacounty.org
Santa Rosa	Parkinson's Support Group of So. Co.	1717 Yulupa Ave.	707-318-9102	parkinsonsonomacounty.org
Santa Rosa	Council on Aging, PEARLS Program	30 Kawana Springs Rd.	707-525-0143	councilonaging.com/pearls-1
Sebastopol	Clear Mind Counseling	7765 Healdsburg Ave., #12	707-823-3329	clearmindcounseling.com
Sonoma	Parkinson's Support Group	276 East Napa St.	209-915-1270	N/A
Sonoma	Parkinson's Caregiver's Support Group	405 W. McArthur Street	209-915-1270	N/A