



Title: Senior Peer Support

Classification: Volunteer

Supervisor: Volunteer Services, Clinical Supervisor

Summary: The Senior Peer Support program is a **unique opportunity for volunteers over the age of 50 to provide emotional support to clients who are suffering from some form of mental health disorders.** After a 12-week educational program, volunteers are placed with their clients for 12 to 24 sessions acting as empathetic listeners and encouraging their clients to meet their personal objectives. The volunteer must be able to visit the client on his or her own, therefore a car is desirable.

Typical Physical Demands: Sitting, Standing, Writing/Typing, Exposure to computer screen

Typical Work Conditions: Telephone calls, Home visits, Driving, Meetings and training

Supervisory Relationships: Works in close collaboration with the Clinical Supervisor

Essential Functions:

- Home Visits
- Weekly SPS clinical group supervision and team building meeting (Tues. 10:00am-11:30am)
- Mandatory Weekly Progress Reports
- Mandatory Monthly time sheets

Volunteer Qualifications, Experience and Skills:

- Commitment to value and potential of volunteerism and to meeting community needs
- Ability to work as a team member
- Positive and cheerful attitude, sense of humor desirable
- Ability to comfortably interact with COA staff
- Excellent listening skills, attention to detail and problem-solving ability
- Ability to organize and follow direction, policies, procedures
- Reliable transportation to COA office and to provide home visits
- Computer skills to communicate by email, and utilize web-video meetings as needed

For any questions or additional information, contact Sarah M Tucker, Clinical Supervisor

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