

Now Introducing!

DAY RESPITE PROGRAM

FLEX CARE SERVICES

We are excited to announce a new fee-based Flex Care Respite Program that will provide:

- Staff who are trained to provide additional support for care needs
- Greater variety of activities and ability to choose group or independent activities
- Flexible program hours to accommodate personal schedules

**SERVICES OFFERED
MONDAYS & WEDNESDAYS**

For decades, Council on Aging has had the privilege to offer Day Respite Programs which give seniors living with dementia a safe and engaging group space to spend their day, while providing caregivers with much-needed respite time.



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